

A close-up photograph of a brick wall. The bricks are arranged in a standard running bond pattern. The colors of the bricks vary, including shades of red, brown, tan, and dark grey. The mortar joints are a light, off-white color. The word "Genesis" is overlaid in the center of the image in a bold, black, serif font.

Genesis

Blessed (happy)



Eat of Fruit



Shame



Hide from God



Answer God



Forgiven



Consequence





Creation Reaction

**cRea tion
reaC tion**

**Everything after the creation is a
reaction. The “Fall of Man” did
not change his/her “nature”.**

What Happened in the Garden?

Before

- **2:25 Not ashamed**
- **Eyes closed to wrong**
- **A & E trusted Satan**
- **Thought they would be like God**

After

- **3:10 Fear & Shame**
- **Eyes opened 3:7**
- **Serpent recognized as cunning – beguiled**
- **Knew God was good and they had done evil**

Sin ‘in the likeness of Adam’ is sin by choice, same as Adam’s

- **Adultery**
- **Fornication**
- **Uncleanness**
- **Licentiousness**
- **Idolatry**
- **Sorcery**
- **Hatred**
- **Contentions**
- **Jealousies**
- **Outbursts of Wrath**
- **Selfish ambitions**
- **Dissensions**
- **Heresies**
- **Envy**
- **Murder**
- **Drunkenness**
- **Revelries**
- **And the like**

Knowledge

Trials/Tribulations

Choice

Evil

Good

Sin

Obedience

Shame

Clean Conscience

Anxiety

Worry

Stress

Depression





"OF COURSE MY BLOOD PRESSURE IS HIGH... FROM WORRYING ABOUT HAVING A HEART ATTACK IF I DON'T LOWER MY CHOLESTEROL..."

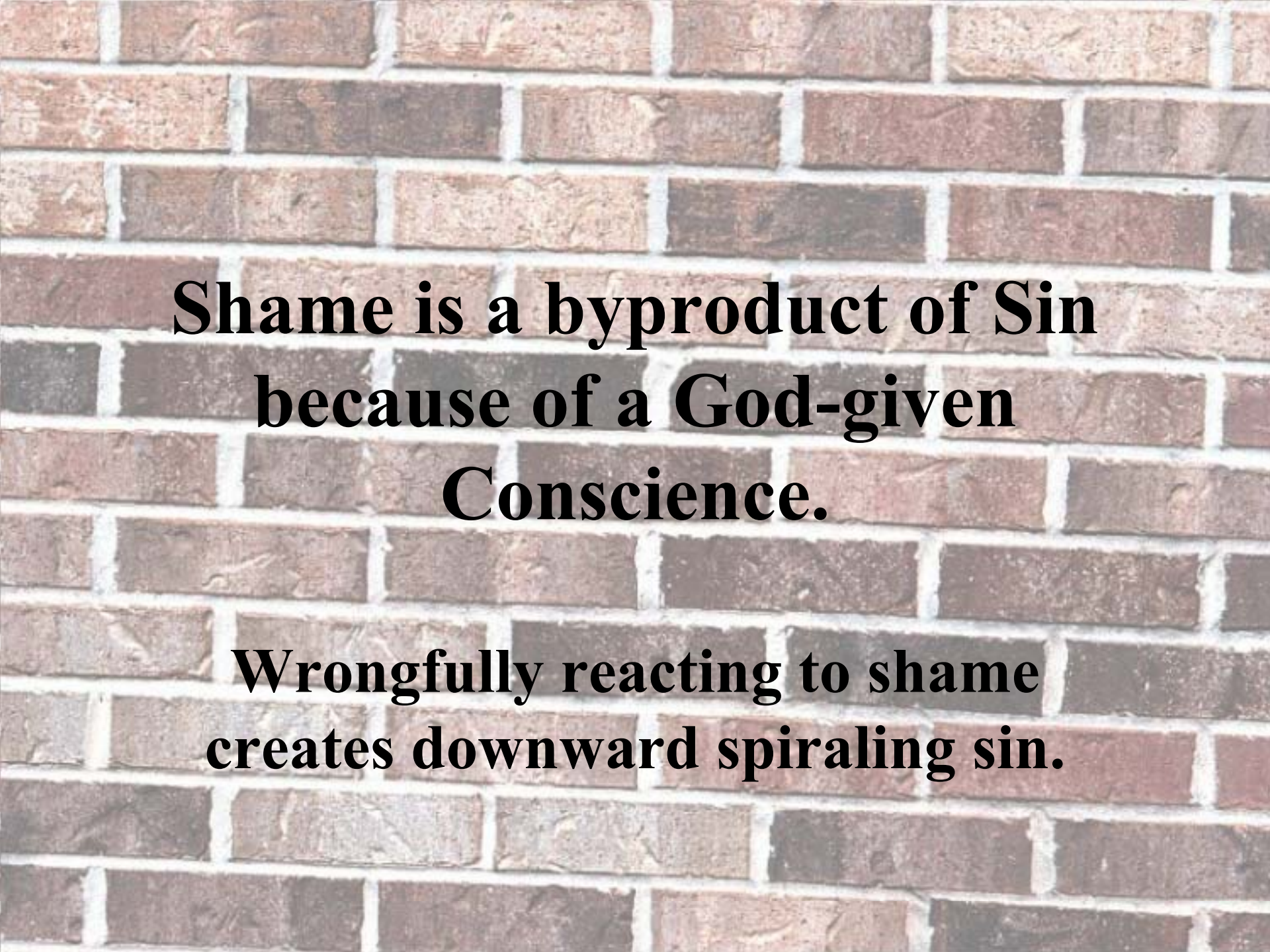


Shame

**A painful feeling of having lost
the respect of others because of
the improper behavior of oneself
or others**



What caused the Shame?

A close-up photograph of a brick wall with various shades of red and brown bricks and white mortar. The text is centered over the wall.

**Shame is a byproduct of Sin
because of a God-given
Conscience.**

**Wrongfully reacting to shame
creates downward spiraling sin.**

A close-up photograph of a brick wall. The bricks are arranged in a standard running bond pattern and feature a variety of earthy tones, including shades of red, brown, tan, and grey. The mortar joints are a light, off-white color. The text "Shame has a Purpose" is centered horizontally and vertically over the image in a bold, black, serif font.

Shame has a Purpose



Alternative Methods of Dealing with Shame

Following Our Downward Spirally Culture (Romans 18-32)

- **Gave up knowledge of God**
- **Rejection of God's Authority**
- **Fornication**
- **Adultery**
- **Murder**
- **Homosexuality**
- **Sorcery**

Alternative Methods of Dealing with Shame

- **Worry**
- **Fear**
- **Laziness**
- **Obsessive behavior**
- **Sexual activity**
- **Sorcery (drugs)**
- **Hatred**
- **Drunkenness**
- **Eating**
- **Suicide**

Sorcery

- Laziness
- Obsessive
- Anger/Hatred
- Sexual activity
- Eating
- Prozac
- Ridlin
- Xanax
- Myriad
- Maalox, Cortislim

Worry & Trouble

- **Strangle, Injure, Twist, Choke**
- **To harass or treat roughly with or as with continual biting or tearing with teeth**
- **Cause to feel troubled, uneasy, make anxious, distress of the mind**

Worry & Trouble



Worry and 'Trouble'

- **turbazo** - from turbe
 - To make turbid
 - To disturb or trouble
 - Akin to disturbance, tumult, uproar
 - Turbidity – the quality measurement of solid particles suspended to make water cloudy



Worry:

A troubled state of mind.

Worry Does NOT Please God

- **II Peter 1:4**
 - Partakers of the Divine nature, Godliness
- **II Peter 3:14**
 - Be found in Him in peace
- **I Peter 4:2**
 - Not spend our time in the flesh for the lusts of men
- **Matthew 5:48**
 - Be perfect as your Father in heaven is perfect

When Situations don't meet Expectations

- **Is there a lack of faith in God (trust)**
- **Is there an anxious mind**
- **Is there fear of not getting what you want**
- **Is there confusion of wants & needs**
- **Is there selfishness**
- **Is there missed opportunity for God's glory**

Correct way to deal with SHAME

- **Humility**
- **Repentance**
- **Seeking God's forgiveness**
- **Obedience**

How Jesus removes SHAME

- Is. 53:5 Our shame laid on Him
- I John 2:2 He is the payment for our sins
- I John 3:5 He was manifest to take away our sins
- Hebrews 9:11-14 Blood of Christ cleanses our Conscience to Serve Him
- Hebrews 10:1-4 No more consciousness of sins possible through Blood of Christ
- Colossians 2:14 Removed the certificate of our debt
- I Peter 2:24-25 He bore our sins on His body



Hebrews 5:14

“Solid food belongs to those who are full of age (mature), that is, who by reason of use (practice) have their senses exercised to discern both good and evil”

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Hebrews 5:14

- **“Full of age” does not mean just “old”**
 - Proverb 16:31
 - Raising vs. Training children
 - Physical maturity does not equate to spiritual maturity
- **By reason of use**
 - Practice, practice, practice
- **Exercise discernment of Good & Evil**
 - Always takes us back to choice

Knowledge

Trials/Tribulations

Choice

Grace

Evil

Good

Sin

Obedience

Shame

Clean Conscience

Anxiety

Worry

Stress

Depression

Romans 9:30-32, 10:3-4



Living In Good Conscience

- **Acts 24:16** “I myself always strive to have a good conscience without offense toward God and men”.
- **Romans 9:1** “I tell the truth in Christ, I am not lying, my conscience also bearing me witness in the Holy Spirit”.
- **I Timothy 3:9** “holding the hidden truth of the faith with a pure conscience”.
- **Romans 13:5** “Therefore you must be subject, not only because of wrath but also for conscience sake”.

Wearing Christ's Shame

- Hebrews 11:26 Esteeming the reproaches of Christ
- I Peter 3:16 Good conscience, defamed by evil doers, reviled for Christ, not be ashamed
- I Peter 4:1 Arm yourself with the mind for suffering in the flesh, as Christ did, ceased from sin (commitment level test)
- I Peter 4:14 Reproached for Christ, glorifies God
- II Timothy 1:8-10 Not ashamed of His testimony, sharing in sufferings

