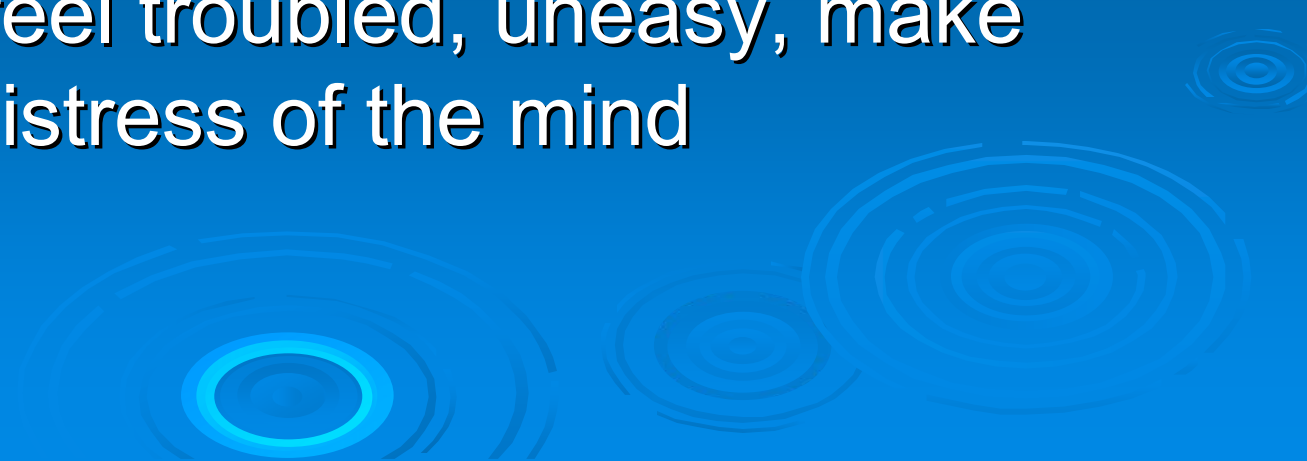
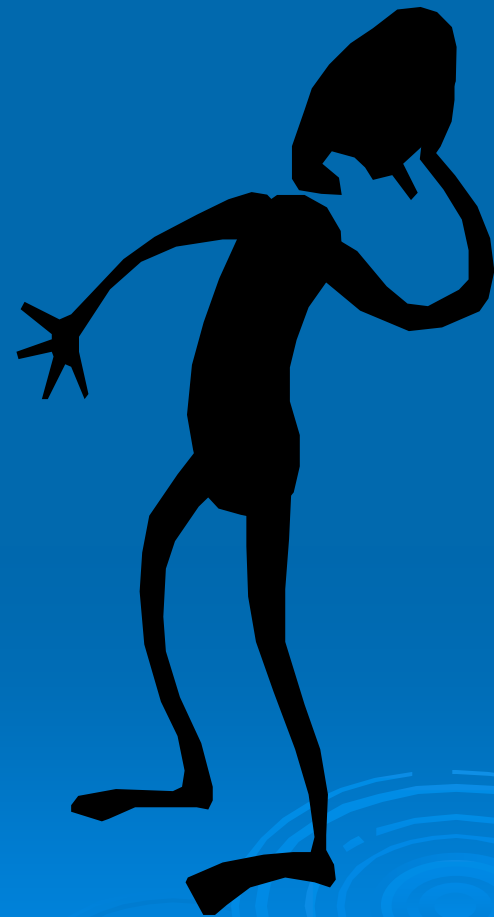


Definition of Worry and Trouble

- Strangle, Injure, Twist, Choke
 - To harass or treat roughly with or as with continual biting or tearing with teeth
 - Cause to feel troubled, uneasy, make anxious, distress of the mind
- 

Worry & Trouble



Worry and 'Trouble'

➤ turbazo - from turbe

- To make turbid
- To disturb or trouble
- Akin to disturbance, tumult, uproar
- Turbidity – the quality measurement of solid particles suspended to make water cloudy




Worry:

A troubled state of mind.



Worrywart:

A person who tends to worry especially over *insignificant details



Does Worry Please God?

- II Peter 1:4
 - Partakers of the Divine nature, Godliness
- II Peter 3:14
 - Be found in Him in peace
- I Peter 4:2
 - Not spend our time in the flesh for the lusts of men
- Matthew 5:48
 - Be perfect as your Father in heaven is perfect

Don't worry about Your Life

➤ Matthew 6:25-34

- Food, Clothing, Tomorrow

➤ Does NOT say

- Don't dress
- Don't shower
- Don't prepare food
- Don't work
- Don't go shopping

Don't worry about Your Life

- It Does say, “Don't WORRY about it”
- Worry is about ‘How you do these things’
- Worry is about ‘What you think about while you do these things’

What Worries YOU?

- Sickness
- Child
- Spouse
- Job, Boss
- Debt
- Your Looks
- Co-worker
- Neighbors
- Cleaning
- Cooking
- Dishes, Laundry
- Travel
- Future
- Relatives
- Economy
- News

When Situations don't meet Expectations

- Is there a lack of faith in God (trust)
- Is there an anxious mind
- Is there fear of not getting what you want
- Is there confusion of wants & needs
- Is there selfishness
- Is there missed opportunity for God's glory

Examples

- Lot II Peter 2:8, Genesis 19:12-24
 - Pitched tent
 - Lingered
 - Begged for another city
- Ahab I Kings 21:1-16
 - Led to depression, to murder & stealing
- Martha Luke 10:38-42
 - Distracted
 - About 'Many' things
 - Could have sat at Jesus feet

WORRY

The Great Thief



Worry Steals:


- Time
- Peace
- Joy
- Good thoughts
- Good deeds
- God's Glory



Worry Does Not please God

- Worry is sinful thinking
- Worry & Trouble hurts the mind and body
- Worry steals our blessings
- Worry weakens our faith

The Solution:

- Turn Worry to Prayer
 - Philippians 4:6-7
 - Turn Worry & Trouble to Faith & Works
 - I Peter 5:6-8
 - Turn Worry into Peace & Joy
 - Turn Worry to God's glory
- 

Acts 3:19

“Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord”

